



Tier 1: Restorative Practices

OVERVIEW

Learn to use Restorative Practices to build healthy relationships, create community, and to help repair harm.

In this experiential session, we will:

- **Understand** the foundations that build a restorative mindset
- **Build Skills** to gain confidence
- **Practice** to experience and grow

Learning Objectives:

- Restorative Practices Foundations:
 - Core Values & Guiding Principles
- Skills:
 - Mindfulness
 - Restorative Language
 - Nonviolent Communication (NVC)
 - Circle Facilitation Tips and Tricks
- Practice:
 - Circles
 - Restorative Chats

To register: <https://go.iu.edu/6lCU>



Thursday, May 9, 2024

9:00 a.m. – 4:00 p.m. (1 hr. lunch break) IU
Memorial Union, Oak Room
Bloomington, IN

Cost:

\$175/per person, Parking included

Includes:

The Restorative Practices Handbook: For Teachers, Disciplinarians and Administrators By Bob Costello, Joshua Wachtel & Ted Wachtel

Presenter:

Deborah Reichmann, LCSW



Ms. Reichmann directs the [PBIS Indiana](#) project, facilitating districts and schools in the development of multi-tiered systems of support (MTSS) to support behavioral, mental health, and academic success for all students and staff.

To discuss options for on-site training events in your district, please contact: pbis@indiana.edu or dreichma@iu.edu

